



Mental Health Service Providers updated October 2019

Note: This list was compiled by RMIAN. Inclusion does not indicate endorsement or recommendation, simply availability of services based on information verified at the date indicated above. This is not intended to be a comprehensive list.

Agency	Services Provided	Requirements/How to Access	Payment Options
<p>Blue Bench *multiple locations, including:</p> <p>Office phone number: 303-329-9922 24-hour hotline: (English) 303-322-7273 (Spanish) 303-329-0031</p> <p>https://thebluebench.org/</p>	<p>Provide services for victims of sexual assault, ages 14+. Provide case management and workshops for family members.</p> <p>Spanish-language services available.</p>	<p>No ID or insurance required. Call intake therapist for phone interview through office phone number for an intake interview. After intake interview physical address is given. Provided face-to-face evaluation and an assigned therapist.</p>	<p>Sliding scale</p>
<p>Chambers Health Center at Aurora Mental Health Center *multiple locations, including:</p> <p>Walk-in Clinic: 791 Chambers Rd, Aurora, CO 80011 Phone number: 303-617-2300</p> <p>https://www.aumhc.org/</p>	<p>Wellness clinic, mental health treatment for adults with trauma, provide individual, group, and family counseling. Provide assistance with Medicaid and med services.</p> <p>Spanish-language services available.</p>	<p>No ID required.</p>	<p>They accept Medicaid and other forms of insurance. For sliding fee scale, they need household annual income and # of people living in house.</p>
<p>Clinica Family Health *multiple locations, including:</p> <p>Main Location: 1701 West 72nd Av, #300 Denver, CO 80221 Phone number: 303-650-4460</p> <p>https://www.clinica.org/</p>	<p>Provide medical, dental, mental health and pharmacy services. Licensed behavioral health providers provide interventions to help with a mental health diagnosis, life transitions, chronic health conditions, chronic pain, stress and grief.</p> <p>Spanish-language services available.</p>	<p>Need valid ID and must live in service area. Must call to make appointment.</p>	<p>Insurance is accepted. If no medical coverage, a financial screening is completed.</p> <p>Offer discounts for those who do not have other coverage options.</p> <p>During enrollment process, an Enrollment Specialist</p>

			will help determine which payment program an individual qualifies for or a sliding-fee scale.
<p>Clínica Tepeyac</p> <p>5075 Lincoln St Denver, CO 80216, Phone number: 303-458-5302</p> <p>https://clinatepeyac.org/</p>	<p>Individual counseling for children, adolescents, and adults. Couples therapy, family therapy, and group therapy. Provide behavioral health, services, dental health, and maternity care. Offer visual/hearing upon request.</p> <p>Spanish-language services available.</p>	<p>Provide services to specific areas only. They cannot disclose areas for confidentiality purposes. Must call to make an appointment and they will disclose information. Any form of ID with picture and name accepted. Must call to make appointment.</p>	<p>Insurance or Sliding scale</p> <p>Do not accept Kaiser insurance</p> <p>Proof of address and employment required for sliding scale.</p>
<p>Colorado Crisis Centers *multiple locations, including:</p> <p>Denver Walk-In 24/7 Crisis Services: 4353 E. Colfax Ave. Denver, CO 80220 Crisis Support Hotline and general questions: (844) 493-8255</p> <p>https://coloradocrisiservices.org/</p>	<p>Provide interpretation services (phone interpreter). Emergency mental health support, mental health evaluations, and safety planning.</p> <p>Spanish-language services available.</p>	<p>No ID or insurance required. Person seeking services needs to be willing to engage and must be sober. Only provide services for ages 3 and up.</p>	<p>Free</p> <p>Insurance accepted for higher level of care if needed</p>



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<p>Denver Children’s Advocacy Center *multiple locations, including:</p> <p>Main location: 2149 Federal Blvd Denver, CO 80211 Main phone number: 303-825-3850</p> <p>https://www.denvercac.org/</p>	<p>Therapy, medical examinations, and forensic evaluations that are court ordered. Counseling services available. Assistance with mental health outreach. Counseling services for traumatized children. Willing to provide support for immigration applications of children served. Support and therapy for children, parents, and families affected by immigration issues.</p> <p>*Immigration Specific Services*</p> <p>Emotional support and resources for kids and families in fear of their future due to their immigration status. Offer individual, family, and group therapy, information on resources (including legal), informational sessions, and kids support group, and parent support group.</p> <p>Spanish-language services available.</p>	<p>No ID is required. Must call Raquel to make intake appointment and leave voicemail. After intake appointment, individuals can begin therapy, counseling, etc.</p> <p>Will work with children regardless of legal status.</p> <p>Contacts: Raquel Hernandez Intake manager: 303-996-8594</p> <p>Claire bilingual community outreach coordinator: 720-974-7234</p>	<p>No insurance is required. Funding source: Insurance, victims compensation, and pro-bono cases</p>
<p>Denver Health Adult (Adolescent/Child) Outpatient</p> <p>301 West 6th Ave, Pavilion G Denver, CO 80204 Phone number: 303-436-6388</p> <p>https://www.denverhealth.org/services/behavioral-health/mental-health-services/adolescent-and-child-outpatient-mental-health-services</p>	<p>First, come first serve basis. Individual psychotherapy and medication management. Couples therapy and group therapy available. Mental and behavioral health for children and adolescents.</p>	<p>Must have a primary physician and active insurance. Not under the influence of alcohol/drugs. Must be able to attend appointments.</p> <p>Must call to make appointment.</p>	<p>Insurance or income-based scale</p>
<p>DU Professional Psychology Clinic</p> <p>(Located within the Graduate School of Professional Psychology) 2450 S. Vine Street, Denver, CO 80208. Phone number: 303-871-3626</p> <p>https://www.du.edu/gsp/spp/services/index.html</p>	<p>Therapeutic services for adults, children and adolescents, families, couples, and groups. Offers psychological assessments and forensic services. Spanish-language services available.</p>	<p>Must complete a phone interview to set up services. Unable to serve people convicted of violent criminal act in last 5 years, victim of DV or violent criminal act in last 5 years, diagnosed with a “psychotic” disorder, or suicide attempt in the last year.</p>	<p>Accept Medicaid. Sliding scale: \$30 flat rate for first 3 sessions</p>

<p>Heal Denver 938 West 8th Ave Denver, CO 80204 Phone number: 303-446-8800 www.healdenver.org</p>	<p>Domestic violence, substance abuse counseling, psychotherapy, depression and trauma services. HIV/STI screening, yoga classes, direct services, curanderismo, and interactive art therapy. Spanish-language services available.</p>	<p>No ID is required. Must call to make appointment.</p>	<p>Insurance is not required. Donation based sliding scale</p>
<p>Jeffco Action Center 8745 W. 14th Ave. Lakewood, CO 80215 Phone number: 303-237-7704 Appointment Phone Number: 720-215-4850 https://theactioncenter.org/</p>	<p>Provide utility assistance, school supplies, clothes, food distribution (for the holidays), and personal/household items. Assist individuals with life goals, vouchers for showers, and assistance finding birth certificates and IDs. For medical, dental, education (GED testing), and transportation services (car repair), applicant must be referred by an agency and submit an application on their behalf. Colorado community Health Alliance helps with physical and behavioral healthcare at the Jeffco Action Center. Spanish-language services available.</p>	<p>No ID is required. Must be a resident of Jefferson County or homeless to receive services. Must bring a photo ID, proof of residency and birth certificates to register children for services. Must call to make appointment.</p>	<p>Free</p>
<p>Jewish Family Services 3201 South Tamarac Drive Denver, CO 80231 Phone number: 303-597-5000 https://www.jewishfamilyservice.org/</p>	<p>Provide mental health services, support for seniors, employment, and family safety net services. No drug/alcohol services and no services to those released within 6 months from psychiatric care. Psychotherapy, food pantries, senior solutions department, and a refugee department available. Refugee department provides mental health services and food pantry. Interpreter provided for other languages.</p>	<p>ID required. Must call to make appointment.</p>	<p>Insurance or Sliding scale</p>



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<p>Kids First Health Care</p> <p>2 Locations: 4675 E. 69th Ave. Commerce City, CO 80022 Phone number: 303-289-1086 8030 Irving St. Westminster, CO 80031 Phone number: 303-428-4384</p> <p>https://www.kidsfirsthealthcare.org/</p>	<p>Acute care, immunizations/shots, physicals, sick care, teen health care, mental health, treatment for ADHD, asthma, and obesity.</p> <p>Spanish-language services available.</p>	<p>Must be 18 years old and under. No ID is required. Must call to make appointment.</p>	<p>Insurance accepted. A sliding scale application is given if there is no insurance. For application, family size and proof of income are needed.</p>
<p>La Cocina</p> <p>Moving in October 2019 to: 424 Pine St. Fort Collins, CO Phone number: 970-232-0740</p> <p>www.lacocinahome.org</p>	<p>Mental Health Services for Latinx families including: Individual Therapy for adults, children, families, and couples' therapy. Community support therapy groups and forensic mental health evaluations through their program (Mind Over Border).</p> <p>All services are in Spanish and for Spanish speaking families.</p>	<p>No ID is required. Clients have to use referral link or have an individual/care practitioner/friend refer them by filling out the referral at the link below. Referral coordinator contacts the individual needing services to set up an appointment. https://hipaa.jotform.com/LaCocina_TFC/Referral</p>	<p>First 12 sessions are free. Therapist then can choose to renew 12-sessions for no cost or decide to charge a small fee.</p>
<p>Mental Health Center of Denver *multiple locations, including:</p> <p>Main location: 4455 E 12th Ave, Denver, CO 80220 Phone number: 303-504-7900</p> <p>https://mhcd.org/</p>	<p>Crisis walk-in clinics. Adult recovery centers, services for children and family, depression, anxiety, suicide prevention and general mental health needs. No medication or lab services provided.</p> <p>Spanish-language services available.</p>	<p>Must live in Denver county. Assessment for services is required and must meet specific criteria. Any form of ID is required. Must call intake line to make an appointment.</p>	<p>Insurance or sliding scale of \$30 a month if individual has no insurance.</p>
<p>People House *multiple locations, including:</p> <p>Main location: 3035 W 25th Av, Denver, CO 80211 Phone number: 303-480-5130</p> <p>https://peoplehouse.org/</p>	<p>Mental health care and weekly groups. Weekly groups include: meditation, spiritual groups, and open therapy groups. Provide professional development for students.</p> <p>Spanish-language services available.</p>	<p>No ID is required. Required to fill out paper application. Must call or go online for specific practitioners to make appointment.</p>	<p>Insurance is not required. Sliding scale: \$20 per session</p>



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<p>Salud Family Health Care *multiple locations, including:</p> <p>Convenient Care Clinic: 6255 Quebec Parkway Commerce City, CO 80601</p> <p>Phone number: 303-697-2583</p> <p>https://www.saludclinic.org</p>	<p>Behavioral health services. Individual, group, and family therapy. Psychological testing.</p>	<p>Must complete enrollment form before first visit. Need proof of income, and proof of residency. Must call to make appointment.</p>	<p>Accept insurance otherwise client may qualify for the discount program.</p>
<p>Servicios de La Raza *multiple locations, including:</p> <p>Behavioral health: 3131 W. 14th Avenue, Denver, Colorado 80204 Phone number: 303-458-5851</p> <p>http://serviciosdelaraza.org/</p>	<p>Provides culturally and linguistically mental health and substance abuse services. Individual, couple, group, and family therapy. Eye Movement Desensitization and Reprocessing Psychotherapy, mental health, domestic Violence, basic emergency services, youth programs, education and employment support.</p> <p>Spanish-language services available.</p>	<p>Must contact Ana Vizoso for the Behavioral Health Program 303- 953-5910. No ID is needed.</p>	<p>Insurance or Income based scale</p>
<p>Sheridan Health Services</p> <p>2 Locations: Community: 3525 W. Oxford Av, G3, Denver, CO 80236 School-Based: 4107B S. Federal Blvd, Englewood, CO 80110</p> <p>Main phone number: 303-315-6150</p> <p>http://www.ucdenver.edu/academics/colleges/nursing/clinical-practices-community/PatientServices/Sheridan/Pages/Home.aspx</p>	<p>Pediatrics, behavioral health, adult care, and dental services. Comprehensive services for children, adolescents and adults. Therapy available in Spanish. Specialty services are referred out.</p> <p>Spanish-language services available.</p>	<p>ID (any form) is required. Must call to make appointment.</p>	<p>Insurance is accepted. Discount program available for people who do not have insurance.</p> <p>Discount program: Photo ID, proof of address, and last 3 months of paystubs or letter of employment needed.</p> <p>Do not accept Cofinity, Cobra, Aetna, or Humana.</p>